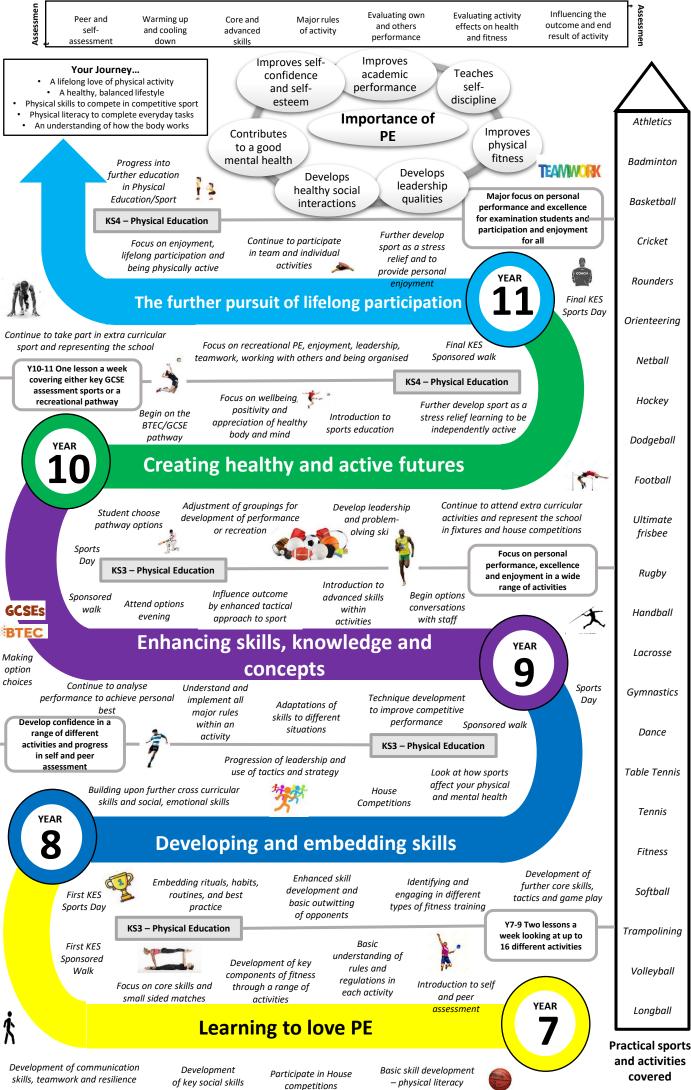
King Ecgbert School: **Core PE Learning Journey**









Basic understanding of how to warm up and cool down



Represent the

school at sports

fixtures

physical literacy

Attend extra

curricular activities

Introduction and expectations

Your KES PE journey starts here.....