

What interventions do you have in place to support students?

We run many targeted interventions that take place over a period of time and some that run when the need arises.

[Lego Therapy](#) – The purpose of Lego Therapy is to help students to develop their social and interaction skills through a highly structured small group activity. This involves working together as a team and taking on different roles to construct Lego models following clear diagrams. The students will be using communication and fine motor skills and will be encouraged to practice turn taking, sharing and joint problem solving.

[Friends](#) – this is based on Cognitive Behaviour Therapy and promotes positive mental health. Students are identified by school & specialists(see appendix 1)

[Zones of Regulation](#) - The Zones of Regulation aims to teach students to self-regulate their emotions and impulses in order to meet the demands of the environment. It provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts, therefore allowing them to be successful academically and socially

[Speech and Language](#) – this is a narrative skills programme for selected students. The aim of this programme is to create an environment where students can practise verbal narrative (story telling) skills, by using modelling and visual support. Some of the areas the programme sets out to target are; improve listening and turn-taking skills, to improve expressive narrative skills, to improve understanding and use of vocabulary, to improve understanding and use of emotional vocabulary.

[Comic Strip Conversations](#) – These strategies are used to teach social understanding. A Comic Strip Conversation can be used to clarify a misunderstanding – it can show what was said and thought by the student and can also show the thoughts of others (see appendix 2)

[Dyslexia Intervention](#) – this will be a short-term, small group intervention with a Higher Learning Teaching Assistant to work on specific identified weaknesses

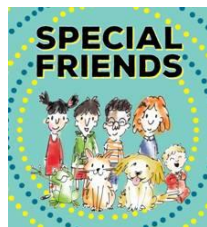
Appendix 1

What is FRIENDS?

- 10 -12 week intervention programme
- Based on Cognitive Behaviour Therapy
- Proven to reduce anxiety and depression in children and young people
- Promotes positive mental health
- Recommended by World Health Organisation and Department for Education

Suitable for all school ages

- Special Friends (for children with additional SEN)
- Fun Friends (KS1)
- Friends for Life (KS2)
- My Friends (Youth Skills for life)
- Adult resilience



Appendix 2

Comic Strip Conversations

