

## **Physical Education**

King Egbert School Physical Education Department is committed to providing opportunities for all students to participate in as wide a range of sport as possible. This occurs through practical sports within school, competitive sport from extracurricular provision and academic opportunities at both KS4 and KS5.

We want students to develop a love for sport and be equipped with the skills necessary to participate, enjoy and excel in sport.

King Egbert School PE department has over 50 teams in 17 different sports. The number of students who have represented the school in at least one sport is over 450 (approximately one third of the school population). Extracurricular clubs run four mornings a week alongside lunchtimes and after school. Students are empowered to participate in physical activity and understand how this influences their own well-being and that of others. Demonstrating the benefits of an active life style, they encourage others to participate in sport, exercise, recreation and adventure pursuits.

### **Key Stage 3**

At Key Stage 3 students have 2 lessons of core PE. The KS3 curriculum is carefully mapped to ensure continuity, progression and balanced coverage of the programmes of study. At Year 7 students are taught in their form groups so are mixed gender. Year 8-9 students are separated into girls and boys. The groups are mixed ability and many will have our highest attaining students alongside pupils with specific learning needs.

### **Key Stage 4**

At Key Stage 4 and 5, academic and vocational opportunities to study PE are offered. At Key Stage 4 all pupils have one lesson of core PE, and can opt for either BTEC Sport Level 2 or GCSE PE both of which are an additional two lessons a week (usually one practical and one theory). Within core PE lesson focus is placed upon competition and full context sport.

### **Key Stage 5**

Both A Level PE (AS and A2) and BTEC Level 3 Sub are offered in the sixth form, these courses are very popular. In sixth form we are a member of the South Yorkshire Sixth Form Football League and we play fixtures home and away most Wednesdays. We also play a number of netball and hockey matches over the year.

### **Courses**

- GCSE and A Level – AQA
- BTEC Sports - Edexcel

We have a very good relationships with our feeder schools and we run a number of sports festivals throughout the year. The sixth form sports leaders are expected to help organise these events.

## **Extra-Curricular Activities**

King Egbert's PE department prides itself on the amount of enrichment opportunities students have. We run a full extra-curricular programme which all staff within the department are expected to contribute towards. The school has significant successes at a number of levels of sport from participation through our Inter Form to City, County and National Levels. We regularly have teams and individuals competing for County and National honours and number of students representing their country.

We currently run teams in:

- Football - boys and girls
- Badminton
- Trampolining
- Gymnastics
- Cheerleading
- Cross country
- Rugby Union
- Netball
- Hockey
- Athletics
- Rounders
- Cricket
- Basketball
- Tennis