

Curriculum Overview L@kes

KS3 and KS4

Year 7	Core theme	Lesson
Term 1a	Relationships Health and well-being	<ol style="list-style-type: none"> 1. Introduction to L@kes? 2. New beginnings 3. Our school community – how can I help myself? 4. Friendships 5. Conflict and resolution 6. Peer pressure 7. Everybody's different
Term 1b	Relationships Health and well-being Wider World	<ol style="list-style-type: none"> 1. Anti-bullying part 1 2. Anti-bullying part 2 3. Anti-bullying raps 4. Cyber bullying 5. E-safety 6. Knife and gun crime 7. Termly reflection/self-assessment
Term 2a	Relationships Health and well-being Wider World	<ol style="list-style-type: none"> 1. BFV and identity 2. Gender equality 3. Discrimination 4. Anti-racism 5. Refugee, asylum, and migrants 6. Y7 Diversity T-shirt design competition
Term 2b	Religious beliefs	<ol style="list-style-type: none"> 1. What is faith? 2. What makes someone religious? 3. What do Christians believe? 4. What do Muslims believe? 5. Living in a multi-faith society 6. Termly reflection/self-assessment
Term 3a	Health and well-being Wider World	<ol style="list-style-type: none"> 1. Personal Safety – water, beaches, lakes/rivers 2. Personal safety – on/around transport 3. Money and budgeting part 1 4. Money and budgeting part 2 5. Wants v needs 6. Introduction to drugs education
Term 3b	Relationships Health and well-being	<ol style="list-style-type: none"> 1. Growing up, puberty and emotions 2. Let's talk periods 3. Personal hygiene 4. Getting along with family 5. Healthy v unhealthy relationships 6. Types of relationships 7. Termly reflection/self-assessment

Year 8	Core theme	Lesson
Term 1a	Health and well-being Relationships	<ol style="list-style-type: none"> 1. Intro to L@kes 2. Healthy lifestyles part 1 3. Healthy lifestyles part 2 4. Mental health part 1 5. Mental health part 2 6. Smoking and vaping part 1 7. Smoking and vaping part 2
Term 1b	Religious beliefs	<ol style="list-style-type: none"> 1. Intro to Judaism 2. The Torah 3. Jewish beliefs and worship 4. Anti-Semitism 5. Jewish festival – research and presentation planning 6. Jewish festival – class presentations 7. Termly reflection/self-assessment
Term 2a	Health and well-being	<ol style="list-style-type: none"> 1. Intro to first aid 2. CPR/AED 3. Bleeding 4. Asthma and allergies 5. Choking and head injuries 6. First aid student assessment
Term 2b	Wider world	<ol style="list-style-type: none"> 1. Communities 2. Campaigning 3. Resources, waste and recycling 4. Global environmental issues 5. Global organisations 6. Termly reflection/self-assessment
Term 3a	Relationships Health and well-being	<ol style="list-style-type: none"> 1. Positive and negative relationships part 1 2. Positive and negative relationships part 2 3. Sexting/indecident images 4. Online relationships 5. Marriage and commitment 6. How to deal with break ups?
Term 3b	Wider world	<ol style="list-style-type: none"> 1. Age responsibility 2. Law and order part 1 3. Law and order part 2 4. Drugs education 5. County lines/drug runners 6. Radicalisation and extremism 7. Termly reflection/self-assessment

Year 9	Core theme	Lesson
Term 1a	Health and well-being Relationships	<ol style="list-style-type: none"> 1. Intro to L@kes 2. Sleep and screen time 3. Mental health and well-being part 1 4. Mental health and well-being part 2 5. Self-harm 6. Drugs Education 7. Coping with difficult situations
Term 1b	Relationships Health and well-being Wider World	<ol style="list-style-type: none"> 1. Exploitation and grooming 2. Child Sexual Exploitation - CSE (part 1) 3. Child Sexual Exploitation - CSE (part 2) 4. Child Criminal Exploitation – CCE 5. County Lines/drug runners 6. Positive by stander 7. Termly reflection/self-assessment
Term 2a	Wider world	<i>Aspirations</i> <i>Y9 options</i> <i>The future and looking ahead</i> <i>Careers</i>
Term 2b	Wider world	<ol style="list-style-type: none"> 1. Government and politics (part 1) 2. Government and politics (part 2) 3. The economy 4. Consumerism 5. AI 6. Termly reflection/self-assessment
Term 3a	Relationships	<ol style="list-style-type: none"> 1. Positive and negative relationships 2. Consent 3. Safe sex – contraception 4. STIs 5. Dangers of pornography 6. Impact of the internet and social media on relationships
Term 3b	Religious beliefs	<ol style="list-style-type: none"> 1. Introduction to Sikhism 2. Worship and the Gurdwara 3. The 5 Ks 4. Sikh festivals – student presentations preparation 5. Sikh festivals – student presentations preparation 6. Sikh festivals – students to present preparation 7. Termly reflection/self-assessment

Year 10	Core theme	Lesson
Term 1a	Health and well-being	<ol style="list-style-type: none"> 1. Introduction to L@kes 2. Health and well-being part 1 3. Health and well-being part 2 4. Alcohol 5. Drugs Education 6. Vaping 7. Making responsible decisions (assertiveness, responding to peer pressure – scenarios)
Term 1b	Wider world Relationships Health and well-being Religious beliefs	<ol style="list-style-type: none"> 1. Equality 2. Protect characteristics 3. Anti-racism 4. Prejudice and stereotypes 5. Radicalisation, extremism and far right views 6. Prevent Education (radicalisation, extremism and far right views) 7. Termly reflection/self-assessment
Term 2a	Wider world Relationships Health and well-being	<ol style="list-style-type: none"> 1. Abusive relationships 2. FGM 3. Sexual harassment 4. Sexting – sharing and receiving of indecent images 5. Sexual health education (contraception and STIs) 6. Underage and pregnant
Term 2b	Relationships Health and wellbeing Wider World	<ol style="list-style-type: none"> 1. Gangs and OCGs 2. County lines/drug runners (part 1) 3. County lines/drug runners (part 2) 4. Knife crime 5. Gun crime 6. Study skills (revision strategies linked to Y10 exams)
Term 3a	Religious beliefs	<ol style="list-style-type: none"> 1. Introduction to Hinduism 2. Hindu worship and holy books 3. Hindu births, marriages, and funerals 4. Hindu festivals – student presentation preparation 5. Hindu festivals – student presentations 6. Termly reflection/self-assessment
Term 3b	Wider world	<i>Aspirations</i> <i>Introduction to post 16 education (Sheffield Progress)</i> <i>The future and looking ahead</i> <i>Careers</i> Termly reflection/self-assessment

Year 11	Core theme	Lesson
Term 1a	Wider world	<ol style="list-style-type: none"> 1. Money matters – Spending and the difference between debit, credit and store cards 2. Money – matters – banking 3. Money matters – mortgages v renting 4. Money matters – tax, NI and pensions 5. Money – matters - Loans and debt 6. Start Sheffield Progress Applications 7. Start Sheffield Progress Applications
Term 1b	Wider world	<p><i>Sheffield Progress Applications</i> <i>(Once completed – study skills and revision for Y11 mock examinations)</i></p>
Term 2a	Health and wellbeing Relationships	<ol style="list-style-type: none"> 1. Knife and gun crime (KS4 lesson) 2. Online Blackmail 3. Addiction part 1 4. Addiction part 2 5. Drug Education part 1 6. Drug Education part 2
Term 2b	Relationships	<ol style="list-style-type: none"> 1. Healthy v unhealthy relationships 2. Coercive control 3. Domestic abuse 4. Consent 5. Sexual health 6. Relationship dilemmas and scenarios
Term 3a	Health and well-being	<ol style="list-style-type: none"> 1. Self-efficacy 2. Stress management 3. Opportunities after exams <p><i>Lessons 4,5 and 6 – study skills/independent revision.</i></p>