













WEEK 1 MENU

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 19/02, 11/03, 01/04

CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON	Traditional Cottage Pie  Served with Vegetables and Gravy	Vegetarian Sausages  Served with Mashed Potato, Vegetables and Gravy
TUE	Spicy Chicken Pitta Served with Chipotle Wedges	Plant Ball Marinara Melt    Served with Wholewheat Pasta and Vegetables
WED	Beef Lasagne  Served with Garlic and Herb Bread	Vegetarian Cottage Pie   Served with Vegetables and Gravy
THUR	Chilli Con Carne   Served with Wholegrain Rice and Vegetables	Vegetarian Sausage Casserole  Served with Mashed Potato and Vegetables
FRI	Southern Fried Chicken Goujons Served with Chips Peas or Baked Beans	Mac and Cheese Pot  Garlic and Herb Wedge


WEEKLY SPECIAL

- **Salmon Mayo Jacket Potato with salad**  •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Cheese and Pickle Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Tuna and Salad Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis and Freshly Baked Pizza
Pasta & Sauces
Jacket Potato and Toppings
Love Joe's Mexican Burrito















WEEK 2 MENU

W/C: 06/11 , 27/11 , 18/12 , 15/01 , 05/02 , 26/02 , 18/03 , 08/04

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Cheeseburger with Baked Wedges and Peas	Vegetarian Mexican Tortilla Pie    Served with Wholegrain Rice and Vegetables
TUE	Southern Fried Chicken Katsu  Served with Wholegrain Rice and Vegetables	Roasted Butternut Squash, Chickpea and Broccoli Buddha Bowl   
WED	Roast Beef served with Mashed Potatoes fresh vegetables and gravy	Blackeye Bean Burger  Baked Wedges and Peas
THUR	Chicken and Vegetable Tikka Masala   Served with Wholegrain Rice and Sweetcorn	Vegetarian Lasagne    Served with Garlic and Herb Bread
FRI	Breaded Fish Served with Baked Wedges Peas or Baked Beans	The Veggie Dog  Served with Baked Wedges Peas or Baked Beans

WEEKLY SPECIAL

• Moroccan Chicken Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Egg Mayo Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Chicken Tikka Sandwich
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis and Freshly Baked Pizza
Pasta & Sauces
Jacket Potato and Toppings
Love Joe 's Mexican Burrito

WEEK 3 MENU

W/C: 13/11 , 04/12 , 22/01 , 12/02 , 04/03 , 25/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Turkey Con Chilli 🌿 ❤️ Served with Wholegrain Rice and Vegetables	Cauliflower Mac'n'Cheese 🌿 🌱 ❤️ Served with Pizza Pinwheel and Salad
TUE	Steak Mince Pie Served with Mashed Potato, Vegetables and Gravy	Vegan Chilli 🌱 ❤️ 🌿 Served with Wholegrain Rice and Peas
WED	Roast Turkey Roast Potatoes Vegetables and Gravy	Louisiana Soul Bowl 🌱 ❤️ Served with Mexican Yellow Rice and American Slaw
THUR	Beef Bolognese ❤️ 🌿 Served with Wholewheat Pasta and Peas	Sweet and Sour Vegetables 🌱 ❤️ 🌿 Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons Served with Chips Peas or Baked Beans	Mexican Loaded Wedges 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
 Pesto Pasta Salad 🌿 ❤️ 🌱

SANDWICHES/BAGUETTES:

Cheese and Pickle Sandwich
 Chicken, Lettuce & Mayo Sandwich
 Cheese Sandwich 🌱
 Ham Baguette
 Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌿
 Pepper and Houmous Wrap 🌱 🌿

HOT DISHES:

Paninis and Freshly Baked Pizza
 Pasta & Sauces
 Jacket Potato and Toppings
 Love Joe 's Mexican Burrito