

# MENU

Mellors

MEAT FREE

- MEAT FREE MONDAY

5  
A DRY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



-VEGAN

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Creamy vegetable pasta with garlic bread	Lamb dhansak, homemade naan bread and chilli and coriander chutney	Roast chicken, sage and onion stuffing and gravy served with creamy mash potato	Teriyaki chicken and stir-fried greens	Crispy battered fish goujons with chunky chips
<b>VEGETARIAN MAIN DISH</b>	Mixed pepper and bean gratin with garlic and herb potatoes	Chinese vegetable and bean noodles	Cheese and lentil roast creamy mash potato	Sweet potato and bean gumbo	Mexican Quorn™ burger with homemade guacamole and salsa
<b>ACCOMPANIMENTS</b> 	Steamed broccoli Carrots Salad bar	Mixed vegetables Salad bar	Roasted parsnips Steamed Cauliflower Salad bar	Crisp mixed salad Garden peas Salad bar	Crushed minted peas Corn on the cob Salad bar
<b>DAILY SPECIAL</b>	Pad kee mao (Drunken noodles)	Moroccan beef and chickpea stew	Cajun chicken, lettuce, and tomato ciabatta with Cajun wedges	Piri piri chicken with pickled cabbage on a toasted brioche bun	Greek pork souylaki
<b>STREET FOOD</b>	Pasta king Vegetarian meatball pasta	Pasta king Tugo Beef and onion pizza	Pasta king Shredded chilli chicken with salad in walm pitta	Pasta king Tugo Classic Margherita pizza	Pasta king
<b>DESSERT</b>	Zesty yoghurt cake	Lemon and raspberry trifles	Apple cake	Fruit pie and custard	Chocolate marble cake

Check out OUR **DAILY DISHES**